#### NHS England

# FOUNDRY LANE SURGERY NEWSLETTER

Polite Reminder:- Please only attend the Practice if the Doctor/Nurse has asked you to. Please stay safe and as always thank you for your patience and understanding.

### August 2020 Summer Edition

### **Contents**

- Staff updates
- Prescription Information
- Face Coverings
- Flu
- Linking Leeds
- Extended Access
- Patient Online Access
- Cervical & Bowel
  Screening
- Baby Clinic News
- Your GP Practice is Open
- Long Term Health
- Opening Times &
  Important Dates
- NHS information
- Zero Tolerance



### Staff Update

### Good-bye & Good Luck

Foundry Lane would like to wish the following staff all the best for the future. Truly valued members of staff who will be sadly missed by staff and many patients.

P. Ingham—Clinical Lead

Eileen & Lizzie—Receptionists

### <u>Welcome</u>

We would also like to welcome:

Dr Horton, Dr Iroka & Dr Tuladhar

Also, Sarah Best (formerly HCA),

who will be joining the Admin Team.

### Prescription Requests

Please note we do not do same day prescriptions.

Prescriptions take at least 48 hours to process.

Boots Pharmacy will no longer be ordering medication for patients.

PATIENTS HAVE TO REQUEST THEIR OWN MEDICATION IN WRITING

The Pharmacy requires 1 week from order to collection.

## FACE COVERINGS MUST BE WORN ON SITE AT FOUNDRY LANE SURGERY

Face Covering exemptions - The Practice does not issue exemption letters for the use of coverings. (including flights)

Please see information set out by the Government:- An exemption card had been developed for people who are unable to wear face coverings in shops and other indoor public spaces. West Yorkshire Metro have also developed one for public transport.

https://www.gov.uk/government/publications/face-coverings-when-to-wear-one-and-how-tomake-your-own https://wymetro.com/media/5928/face-covering-cards-only.pdf

https://www.nhs.uk/better-health/

### **Flu Information**

Patients in the 50-64 Patients in the 50-64 year old age group will **not** be vaccinated until

November and December, providing there is sufficient vaccine, and no appointments will be offered for this age group until then.

This is to ensure that those who are most at risk are vaccinated first.

If you are 50-64 and you are in one of the other groups which is eligible for the flu vaccination, for example you have a health condition which puts you at risk from the flu, you will be invited earlier.

### Linking Leeds

Linking Leeds is a city-wide social prescribing service for anyone aged 16+ and registered to a GP surgery in Leeds.

Linking Leeds is currently offering telephone appointments to link patients with services and activities within the community to improve and maintain health and wellbeing.

### **Extended Access Service at Seacroft Hospital**

### A virtual clinical pharmacist service –

This is a telephone appointment for patients who need to speak to a pharmacist regarding a medication issue but don't need to come to surgery. The pharmacists are able to prescribe and organise prescriptions electronically.

### <u>A virtual musculoskeletal (MSK) service –</u>

This is a telephone appointment for patients who need to speak to an advanced physiotherapist regarding muscle and joint problems. They will issue advice and where appropriate arrange a follow up.

For either of the above please speak to the reception team for further information on how to book one of these appointments.

All the above are now offered 7 days a week including bank holidays.

### Weekend Appointments

There are now weekend Healthcare Assistant appointments for urgent bloods.

This increased availability is an extension of the services offered by your practice and is provided by a range of local clinicians including GPs, Nurses and Health Care Assistants.

Please note this is not a walk-in service - you still need to make an appointment via your own GP practice.

Extended Access appointments are for routine general practice issues and not for urgent care.

If your practice is closed and you are unwell, please call NHS 111.

# Patient Online Access

Would you like to:- Book your own appointments or order your own medication

Yes—register now for online access. Please contact our reception team.

# **Cervical Screening**

# DON'T BE A DIVA IT'S ONLY A BEAVER Honestly. We've seen it all.

# Book your cervical smear test today.

# **Cervical Screening**

Cervical screening is one of the best ways to protect yourself from cervical cancer.

Cervical screening checks the health of your cervix. **It's not a test for cancer**, it's a test to help prevent cancer.

# How cervical screening helps prevent cancer

Cervical screening may check for:

abnormal cell changes in your cervix – left untreated, this could turn into cancer

HPV – some types of HPV can lead to cell changes in your cervix and cancer.

# What is HPV?

Human papillomavirus (HPV) is the name for a very common group of viruses.

You can get it from any kind of skin-to-skin contact of the genital area, not just from penetrative sex. Most people will get some type of HPV during their lives. Nearly all cervical cancers are caused by infection with certain types of HPV.

## **Baby Clinic News**

Baby Clinic is no longer a walk-in clinic.

Please contact the surgery on 0113 2951200 in order to book an appointment.

The Baby Clinic runs Tuesday 11am-12pm and Friday 10am 12pm.



# Your GP practice is open

But you should only come into the building if we have invited you in for an appointment.

If you do not have an appointment these three steps explain how to make one:-

- 1. Please call us so that we can arrange for a healthcare professional to speak to you.
- 2. A healthcare professional will then call you back or arrange a video consultation to discuss your needs.
- 3. If we need to see you face-to-face, we will arrange a time with you.

When the surgery is CLOSED please call NHS 111 or visit www.111.nhs.uk

### Long Term Health Conditions

Patients with long term health conditions for example: diabetes, COPD etc ...... will be routinely invited to book an appointment for their annual review around the month of their birthday.

### **Opening Times**

The Surgery opens at 8.00am. Appointment start times are from 8.30am. The last appointment time is 17.30pm.

### **Important Dates**

Flu Clinics
Flu Clinics
Surgery CLOSED from 12.15pm
Christmas Day – Surgery CLOSED
Boxing Day – Surgery CLOSED
New Year's Day – Surgery CLOSED





Please note for training purposes all telephone calls are recorded.

## Important Contacts

Foundry Lane Surgery: 0113 2951200 ......Email: foundry.lane@nhs.net

Boots Pharmacy: 0113 2645497.....St James Switchboard: 0113 2433144

The NHS is here for you when you need us.

In an emergency please call 999 or go to your local Accident & Emergency department

### (remember there is no children's A&E at St James's Hospital).

If you are worried you may have symptoms of cancer or any other concerns about your health, please call your GP Practice or NHS 111.

Please do not leave anything to chance, your NHS is here for you.

### ZERO TOLERANCE POLICY

A zero tolerance policy towards violent, threatening and abusive behaviour is now in place throughout the NHS.

The doctors, nurses and staff in this practice have the right to do their work in an environment free from violent, threatening or abusive behaviour and everything will be done to protect that right. At no time will any such behaviour be tolerated in this practice. If you do not respect the rights of our staff we may choose to inform the police and make arrangements for you to be removed from our medical list. Foundry Lane Surgery also reserves the right to remove any patient seen to be making abusive or defamatory remarks on any social networking site (Facebook/Twitter etc). Please be aware that by posting online anything that can be construed as slanderous will be treated as abuse and appropriate action will be taken by the Practice.